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CANCER CARE WITH HOMEOPATHY



When a woman receives a diagnosis of breast cancer, she has several treatment options, including homeopathic medicine. I mentioned this recently during conversation with a woman, and she was shocked. She assumed that the only treatments for breast cancer were mastectomy, chemotherapy, and radiation. These are options, but not the only ones. Homeopathic medicine is a viable health treatment option for women with cancer. It can be used alone or in combination with other forms of treatment.

If a woman chooses chemotherapy or radiation treatment, homeopathy can help with the side effects such as the nausea and vomiting of chemo or the skin burns from radiation. With mastectomy, homeopathy can help sutures to heal quickly, and reduce redness and scar tissue. Homeopathy can also treat bruising, deep muscle pain, bone pain, jaundice, and sleeplessness.

There are many emotions around a cancer diagnosis, such as fear, anger, anxiety, depression, loss, and grief. Some days are “meltdown” days and you wonder if you will ever stop crying. Homeopathy can help you work through those emotional days, without the side effects or addiction of prescription medications. In describing how homeopathy has helped her emotionally, a patient said, “All the stressors in my life are the same. I am still dealing with the cancer. Yet somehow, it is all just easier to bear.” Homeopathy is not a magic bullet to take away all your emotional pain and sorrow, but it can make it manageable, so you can get through the dark days to enjoy brighter times.

Growth of cancer cells begins long before a tumour is detected. Cancer has many causes including physical trauma, exposure to environmental hazards, radiation, genetic influences, hormonal imbalance, or emotional distresses. Consider addressing those causes with homeopathic medicine before tumours have a chance to develop.

For example, homeopathic treatment helps deal with the lingering effects of past physical or emotional traumas, both possible causes of cancer. “You know, I’ve never been well since...” If you find yourself saying these words about your health condition, if you find yourself still crying over a past experience or unable to discuss it, then you have not fully recovered from that trauma or event. Homeopathy can help, even years after the original physical or emotional trauma. This also applies to major shocks, such as the death of a loved one, a job loss, a divorce, or abuse of any kind.

Homeopathy also addresses hormonal imbalances, such as excess estrogen or reduced melatonin, which both increase the risk for breast cancer. Indications of hormonal imbalances include many symptoms around menstruation, such as irregular or painful periods, breast tenderness, or uncontrollable emotional extremes. Symptoms of other hormonal imbalances include sleeplessness, irrational fears, anxiety, frequent colds or flu, loss of libido, to name just a few. If you are noticing symptoms of a possible hormonal imbalance, listen to what your body is telling you! Homeopathy effectively treats these symptoms and rebalances the body.

Whether used alone or to complement other treatment, consider homeopathic medicine as part of your cancer care and cancer prevention program.